

GLOBAL FIND-REPLACE				
# text-to-use strings	0	32,000	32,000	3,000
# text-to-replace strings per text-to-use string	0	200	200	100
# characters in strings	1	20	20	20
MEAL PLANS				
# meal plans	0	unlimited*	unlimited*	unlimited*
# cookbooks used in meal plan	0	1680	1680	1680
# days in a menu period	1	unlimited**	unlimited**	28
# meals per day	0	4	4	4
# recipes/items per meal	0	15	15	15
# characters per meal plan entry (cookbook path + recipe name + 15)	1	335	100	100
NUTRITION				
# items in main database	8789+	8789+	7906	6209
# items in user-defined database	0	6209	6209	6209
SHOPPING LIST				
# shopping lists	0	unlimited*	unlimited*	unlimited*
# items on shopping list	1	31,000	1990	1990
# items in coupon list	1	1990	1990	1990
# unit conversions	1	19,000	19,000	1900
STORES				
# stores	1	20	20	20
# items on price, aisle list	1	1990	1990	1990

* - practical limit depends on available disk space

** - practical limit depends on available RAM, disk space, CPU speed